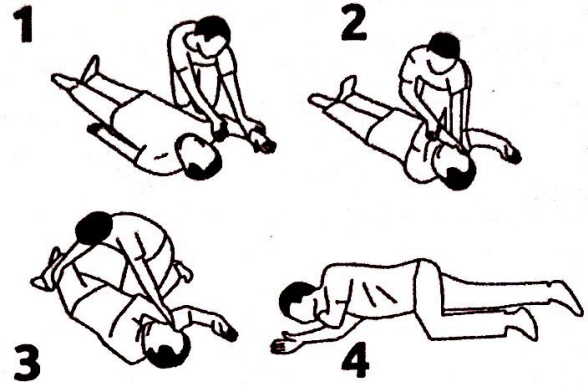


Recognize the Signs of an Overdose

- Eyes rolling into the back of the head; If the eyes are rolling upward or are unresponsive or vacant, this is a sign of an overdose.
- Pupils may be dilated.
- Breathing – becomes shallow and slow. Breathing may sound labored or there may be long pauses between breathes.
- Unresponsive –Unconscious or unable to awaken them as if in a deep sleep. May even be accompanied by heavy snoring.
- Pulse – Heartbeat may either beat rapidly or slow down dependent upon the drug overdosing on.
- Body Temperature – For example, spiking temperature may indicate Ecstasy or Molly.
- Skin may be clammy
- Hallucinations or delirium

Recovery Position

1. Place the arm nearest you at a 90° angle
2. Roll opposite arm across the body under the chin
3. Roll victim toward you, raising the top knee to a bent position
4. Arm under chin supports the head while knee and lower arm keep the body from rolling over



Steps to Take

Most important step is to call 9-1-1. Emergency services may be the only thing able to stop an overdose. Even if drugs or paraphernalia are present, Emergency services are there to save a life first.

- REMEMBER TIME IS OF THE ESSENCE; MOMENTS COUNT.
- Tell 9-1-1 you think someone is having an overdose
- Police most likely respond before EMS and they are equipped with Narcan which is able to reverse an opiate overdose.
- Place the victim into recovery position as noted below